

**LIFE  
FIRST**



**First Care**  
women's health



Are you hurting after an  
**ABORTION  
DECISION?**

There is hope. There is forgiveness.  
There is freedom.

You are not alone. Abortion can affect a woman  
physically, emotionally, and most importantly...spiritually.

## **Abortion Recovery Bible Studies**

Free, Confidential, & Non-Judgmental

**Life First** invites you to join other women who have been forgiven and set free. Our Abortion Recovery Bible Study provides support and encouragement as women work through the challenges and personal issues of abortion. Abortion recovery offers what no other place in our communities can: freedom from guilt and grief.



Monday, September 11



7:00 pm - 9:00 pm



Manassas Center, 9254 Center St., Manassas

**Don't let the enemy keep you in the darkness of shame**

Our God longs for us to come to Him with our brokenness

**Contact *Life First* for more information**

 703.330.1300  [LifeFirstVA.org/abortion-recovery](https://LifeFirstVA.org/abortion-recovery)  [arc@firstcarewomen.com](mailto:arc@firstcarewomen.com)

Life First is a 501(c)(3) nonprofit Christian ministry with medical centers in Manassas and Woodbridge that saves lives by ministering to women considering abortion.