



Are you hurting after an
**ABORTION
DECISION?**

There is hope. There is forgiveness.
There is freedom.

You are not alone. Abortion can affect a woman physically, emotionally, and most importantly...spiritually.

Abortion Recovery Bible Studies

Free, Confidential, & Non-Judgmental

Life First invites you to join other women who have been forgiven and set free. Our Abortion Recovery Bible Study provides support and encouragement as women work through the challenges and personal issues of abortion. Abortion recovery offers what no other place in our communities can: freedom from guilt and grief.

Don't let the enemy keep you in the darkness of shame

Our God longs for us to come to Him with our brokenness

Contact *Life First* for more information



703.330.1300



LifeFirstVA.org/abortion-recovery



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Life First is a 501(c)(3) nonprofit Christian ministry with medical centers in Manassas and Woodbridge that saves lives by ministering to women considering abortion.